

Jeni Nelson
HYPNOTHERAPY

50% OFF

ALL SESSIONS UNTIL DEC. 2017



FREE INITIAL CONSULTATION

Beautiful clinic rooms in
Manchester City Centre and
Chorlton, South Manchester

jeninelson.co.uk



IT'S NOT WHERE
YOU'RE COMING
FROM....

...IT'S WHERE YOU'RE
GOING TO

SUPPORT FOR

depression • anxiety • anger • confidence • self
esteem • sleep • phobias • stop smoking •
coping • physical illness • bereavement • stress

It may not always feel like it, but you carry with you many skills and strengths that you can use to change your life for the better.

So often we have a mismatch between what we know intellectually and what we feel. Intellectually we may know that something is not the end of the world but we may still have feelings of hurt or fear. With hypnosis we can talk to that hurt or fearful place and offer reassurance whilst the creative, intellectual brain is freed up to generate the solutions your life needs, tailor made by the best expert on your life; you!

So come on; let's not talk about what's wrong with you, let's talk about what's right with you, and take it from there.

For more info and to book your
free initial consultation visit:

jeninelson.co.uk